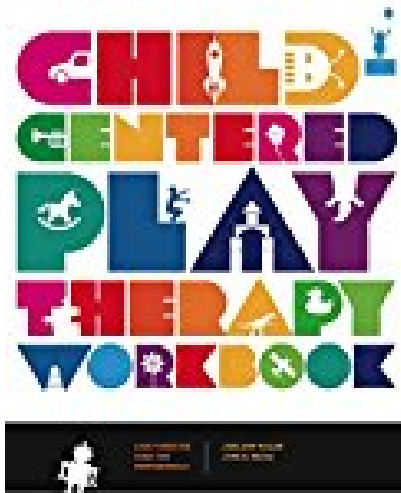


Child-Centered Play Therapy Workbook A Self-Directed Guide for Professionals



BOOK DETAILS

- Author : Jodi Ann Mullen
- Pages : 160 Pages
- Publisher : Research Press
- Language : English
- ISBN : 0878226826

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BOOK SYNOPSIS

This indispensable workbook successfully combines the foundational content needed to orient play therapists to the child-centered approach with an engaging series of reflective and experiential activities designed to help develop therapeutic competence. The many activities included here allow readers to engage in an interactive process to learn the philosophy and skills of child-centered play therapy: seeing the world through the child's eyes, empathizing, tracking, setting limits, recognizing childhood as culture, identifying themes and stages of therapy, and more. Throughout, the authors provide a personal backdrop for learning and living the child-centered play therapy philosophy, based on their many years conducting and supervising play therapy sessions. Both budding and seasoned play and child therapists stand to gain richly from their insights.

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