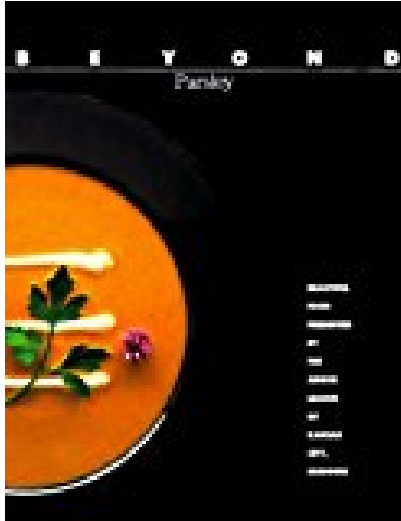


# Beyond Parsley Beautiful Food

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## BOOK DETAILS

- Author : Junior League of Kansas City
- Pages : 256 Pages
- Publisher : Junior League of Kansas City, Missouri
- Language : English
- ISBN : 0960707611

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## BOOK SYNOPSIS

The weight-loss icon and star of One Day at a Time traces the story of how she developed a healthy relationship with food, describing happy culinary memories shared with her Italian family while offering more than 100 culturally inspired recipes complemented by recommendations for portion control and optimal nutrition. 150,000 first printing.

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